

## Menu

### Stroud House Sample Menu

Our menu changes each week with the seasons, using the freshest ingredients, alternatives are available if a meal is not to your taste or if you have special dietary requirements.

Sunday	Lunch	Roast lamb & mint sauce with roast potatoes, sprouts and carrots Apple cake and cream
	Supper	Sardines/Soft Roe on toast Peach whip
Monday	Lunch	Beef stew and dumplings with cabbage, parsnips and creamed potatoes Trifle and ice cream
	Supper	Sausages and tomatoes with bread and butter Almond jelly
Tuesday	Lunch	Chicken pie with mashed potato, leeks and mixed vegetables Ginger bread and evaporated milk
	Supper	Egg and chips with bread and butter Arctic roll
Wednesday	Lunch	Irish stew with swede and broccoli Syrup sponge and custard
	Supper	Mushrooms on toast Banoffi pie
Thursday	Lunch	Coronation chicken or Veggie bake and new potatoes Tapioca
	Supper	Jacket potato with baked beans / coleslaw Banana mousse
Friday	Lunch	Smoked haddock with creamed potatoes, leeks, peas and parsley sauce Lemon meringue
	Supper	Tasty bake with bread and butter Peaches with ice cream
Saturday	Lunch	Lasagne with cauliflower and sweetcorn Macaroni pudding
	Supper	Prawn cocktail Milk jelly